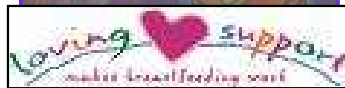


# Mother-to-Mother Breastfeeding Support Group



## Who?

~ Mothers, Expecting Mothers, and Children Welcome! ~

## Where?

St. Johns County Health Department— Conf. Room A  
1955 US 1 South, St. Augustine, Florida 32086

## When?

- ~ October 5th, 2009 from 11:30am – 1:00pm ~
- ~ November 09, 2009 from 11:30am – 1:00pm ~
- ~ December 14, 2009 from 11:30am – 1:00pm ~
- ~ January 11, 2010 from 11:30am – 1:00pm ~
- ~ February 08, 2010 from 11:30am – 1:00pm ~
- ~ March 08, 2010 from 11:30am – 1:00pm ~

## Why?

Most mothers or pregnant women would like to breastfeed but may need help. This mother-to-mother support group will help 'break the ice' on this subject while providing support through the sharing of real life experiences. This group will be led by our local Certified Lactation Consultants.



Visit our website  
[www.StJohnsCHD.org](http://www.StJohnsCHD.org) or  
call 904-825-5055 x1110 for more information!



**Public Health**  
Prevent. Promote. Protect.