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**FOR IMMEDIATE RELEASE**  
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**JUNE IS MEN'S HEALTH MONTH**

**ST. AUGUSTINE, FL** - The St. Johns County Health Department/Florida Department of Health is recognizing and promoting June as Men's Health Month, and June 14 – 20, 2010 as National Men's Health Week.

The purpose of this recognition is to raise awareness of preventable health problems and to encourage early detection and treatment of disease among men and boys. Despite health care advances and the fact we are all living longer lives, men still die at a considerably earlier age than women, and the difference is even more pronounced for African American men. Research shows that:

- Men do not see healthcare providers for a physical exam nearly as often as women.
- Men are dying of the top causes of death at higher rates than women.
- Men are more likely to be uninsured than women.
- Approximately 30,000 men in the U.S. die each year from prostate cancer.

June, the beginning of summer, and the month of Father's Day is a good time for men to look at what they can do to improve their health, seek regular check ups, medical advice and early treatment of disease and injury. Awareness – Prevention – Education - Family: Men's health is a family affair.

For more information about Men's Health Month and National Men's Health Week visit the **Men's Health Initiative** website at: [www.doh.state.fl.us/family/menshealth](http://www.doh.state.fl.us/family/menshealth) or the Men's Health Network website at: [www.menshealthmonth.org/index.html](http://www.menshealthmonth.org/index.html).

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**Our Mission:** *Promote, protect and improve the health of all people in Florida.*

**Our Vision:** *A healthier future for the people of Florida.*

**Our Values:** *- Integrity; Commitment to Service; Respect; Excellence; Accountability; Teamwork; Empowerment –*



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**Public Health**  
Prevent. Promote. Protect.